

November 1, 2019

Glen Allan Elementary Principal's Message

Wow, hard to believe it is already November and the school is starting to get ready for Remembrance Day, Student Parent Teacher interviews and even Christmas Concert. Students have continued to focus on their studies and exhibit excellent behavior.

While children were excited about Halloween, we have also been busy preparing for the upcoming Remembrance Day Service. Teaching children about our freedoms and the sacrifices made by so many men and women who came before us is an important lesson that is worth teaching every year.

We are about to have our first round of Parent Teacher Conferences November 4 and 5th and Report cards will be issued on Dec 13th. At Glen Allan we believe that a strong collaboration between parents and school is critical for students to be successful. Collaboration is the most effective way to help our students, your children, show their true potential and prepare them for a successful future.

As the cold weather descends upon us, please be reminded that we do go outside for recess the majority of the time. Here are a few little reminders to help us provide the best care we can for your children.

- Please be sure your child has warm clothing before they leave for school.
- Please make sure your child has a pair of indoor and outdoor shoes.

Finally, a big thank you to our Parent Council and all of the amazing things they do for our students and families. Without the incredible and selfless volunteers helping with parent council initiatives, we simply wouldn't be nearly the amazing school that we are. Thank you to everyone that gives their time to help out where they can.

Have a super month and remember to enjoy the unique fall/winter weather. Thank you for your continued support.

Mr. Tracey Arbuthnott
Principal
Glen Allan Elementary

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Food for Thought

Helping your child is as easy as ABC

Ask your child about the school day
Begin your child's day with a nourishing breakfast
Congratulate your child for doing well
Discuss homework with your child
Encourage your child to read
Find a quiet place for your child to study
Give your child responsibility
Help your child to build self-esteem
Include your child in making simple family decisions
Join a library with your child
Keep your child on a schedule that includes exercise and sleep
Limit TV viewing by selecting programs with your child
Make the time you spend with your child special
Notice and discuss changes in your child's behavior
Offer to help your child organize school papers
Provide your child with good role models
Question the activities your child shares with friends
Respect your child's rights to have their own opinions
Share an interest or a hobby with your child
Take time to listen to your child
Urge your child to say "No" to drugs and peer pressure
Visit places of interest with your child
Work with your child to set up rules of behavior
Xerox and save records or articles that benefit your child
Yield results by encouraging your child to do better
Zoom through these activities one more time

Mr. Tracey Arbuthnott
Principal
Glen Allan Elementary

UPCOMING EVENTS AT A GLANCE

November

- 1 Book Fair Student/Teacher Preview
- 4-5 Parent/Student/Teacher Conferences 3:30PM – 7:00PM
- 4-5 Book Fair Sale
- 6 Staff Meeting – Dismissal 2:15 PM
- 7 Elder Wilson Visit
- 7 Waste Management Tour – Grade 4
- 8 NO KINDERGARTEN
- 8 Remembrance Day Ceremony 10:30AM
- 11 School Closure Day – Remembrance Day
- 12-15 Fall Break – No School
- 18 Classes Resume
- 20 GASC Meeting – 7:00 PM
- 22 Save On Foods Field Trip - Kindergarten
- 22 School Spirit Day
- 22 Hot Lunch Day
- 25 Capital Care – Class 4-2
- 29 School Closure Day – Professional Learning Day

December

- 2 Capital Care Visit – Class 4-1
- 4 Staff Meeting – Dismissal 2:15 PM.
- 9 Christmas Concert – Park Church 6:30PM
- 13 Report Cards Issued
- 20 School Spirit Day
- 20 Hot Lunch Day
- 20 Last Instructional Day before Winter Break
- 23-31 Winter Break

January

- 1-3 Winter Break
- 6 Classes Resume
- 8 Staff Meeting – Dismissal 2:15 PM

***** Please note the Glen Allan Elementary School Christmas Concert will be on MONDAY, DECEMBER 9*****

School News

Read-In Week:

October 7-11

Thank you to the many volunteers who came to read to our kids!

Waste Reduction Week Shoe Drive:

October 21-25

Thank you to all our amazing students and families who donated 753 pairs of shoes to the shoe drive!

Halloween Parade:

October 31

The Halloween parade is a day our students look forward to all month! Thank you to all our parents that were able to attend the in-school parade! We are happy to report our students had a fun and safe Halloween.

Upcoming Events

Student/Parent/Teacher Conferences

November 4-5

Conferences will be held on November 4 and 5 from 3:30PM to 7:00PM. **We are using an online booking system for booking conferences.** Parent(s)/guardian(s) can schedule their own conferences at a time that is convenient for them. The website is www.schoolinterviews.ca/code and our event code is **h3nn8**. The bookings opened on Saturday, October 26 at 12:00PM and will close on Monday, November 4 at 12:00PM.

Simply log onto the website and follow the three easy steps:

Step 1: Enter your details (your name, the student name and your email address)

Step 2: Choose the teacher

Step 3: Choose an available time

When you are finished, an email confirming your time will arrive in your inbox. If something comes up and you are unable to keep your scheduled conference time, you can return to the site and cancel or change your booking. If you are having trouble accessing the website or if you do not have access to a computer, please contact the school office at 780-467-5519.

Please note that teachers who share a homeroom will be participating in the conferences together so that parents have the opportunity to meet with them both.



Book Fair:

November 4-5

The book fair will be set up and ready for viewing on November 1. On November 4 and 5 the students can make purchases during their lunch break and after school. Also, it will be open in the evening during Student/Parent/Teacher Conferences so parents can make purchases as well.

Remembrance Day Service:

November 8

Please join us on November 8th at 10:30AM for our annual Remembrance Day Service. Our service will pay tribute to the countless men and women who have served and continue to serve our country.

We would like to extend an invitation to any war veterans, members of the military or any other service groups (fire fighters, police officers, etc.) to join us, in uniform, if applicable. There will be reserved seating available for these honored guests. Please let the office know if you will be attending as an honored guest (780-467-5519).



Students are invited to wear their club uniforms to school as well, e.g. Cubs, Scouts, Cadets, Brownies, Guides, etc.

Please Note: Poppies will be distributed to all students on Friday, November 8. Poppy donations will be accepted in the classrooms.

Fall Break:

November 12-15

The School will be closed on Remembrance Day November 11 and then closed for Fall Break from November 12 -15.



Please Remember!

School Christmas Concert:

Monday, December 9

The Park Church @ 1 Brower Drive

The Doors will be open at 6:00PM

Students in Kindergarten through grade 3 need to arrive by 6:15PM.

Students in grades 4 through 6 should arrive by 7:15PM.

Students are asked to wear their special occasion attire. Clean indoor footwear is required for all students.

**If your child will not be attending the Christmas concert,
please advise their home room teacher in advance.**

Division News

Caregiver Education Series

The Division, in partnership with Alberta Health Services and Elk Island Catholic Schools, is hosting a series of caregiver information sessions focused on ways to support students' mental health. The sessions are free and geared toward parents, caregivers, teachers and community members who want to learn more about challenges impacting children and adolescents. This year, session topics include anxiety, ADHD, depression, self-harm, technology, teens and teaching leadership skills, and more.

Visit the [Division calendar](#) to see all scheduled caregiver sessions.

Inclement Weather

With the winter season almost here, we want to remind families to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.



If inclement weather conditions occur, Elk Island Public Schools (EIPS) advises families of any bus cancellations using various communications tools—automated-telephone messages, alerts posted on www.eips.ca and school websites, Twitter, Facebook, local radio stations and on Versatrans My Stop. Morning bus cancellations are posted on www.eips.ca by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that states, “school bus service may be suspended...when Environment Canada reports a temperature of -40 C.” Other reasons for suspending or delaying school bus services include adverse weather and poor road condition. When school bus services are suspended, schools remain open to students. EIPS believes families have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.

GASC News

The Next GASC meeting will be held on Wednesday November 20th @ 7:00 in the school Library. All parents and guardians whose children attend Glen Allan are welcome.

Upcoming GASC Events:

Hot Lunch

Our Next Hot Lunch will be November 22nd.

Art Cards

Thank you, art card volunteers, as you continue to work to get this project completed. We are done scanning the fantastic art and are in the process of getting the order forms ready to go home. If you don't already have your order form look for it to come home very soon. If you have any questions or concerns please contact Tamara Chomay @ [780 237 4193](tel:7802374193) OR corandtam@shaw.ca.

Home & School

Working Together for School Success

CONNECTION®

November 2019

Glen Allan Elementary School

SHORT NOTES



Promises matter

Before you promise your child something—for instance, that you'll take him to the playground—make sure you'll be able to follow through. This teaches him that he can count on you, and he'll learn to keep promises, too. *Tip:* If needed, include contingencies. ("We'll go as long as it's not raining.")

Speak up about allergies

Family gatherings are good opportunities for your youngster to speak up about food allergies, whether she has one herself or is being considerate of others. She might ask the host if a casserole contains eggs or tell a cousin who's allergic to dairy that there's milk in the mashed potatoes.

Boost working memory

This activity improves your child's working (or short-term) memory. Have him close his eyes while you draw three emojis (cupcake, sun, leaf). Let him study the paper for five seconds, flip it over, and try to name the emojis. Repeat the activity, adding one more each time. How many can he remember?

Worth quoting

"When you see someone without a smile, give them one of yours."
Zig Ziglar

JUST FOR FUN

Q: What's black and white and black and white and black and white?

A: A penguin rolling down a hill.



An atmosphere of learning

When families create a supportive learning environment at home, children are more successful in the classroom. Use these tips to make your home a great place for your youngster to learn.

Stock up

Fill your house with items your child can use to explore and investigate. Visit the library regularly so you always have plenty of books. Have her set aside a drawer for math and science supplies (ruler, measuring cups and spoons, food coloring, seeds). Also, display a map or globe—when she reads or hears about a place, she can discover where it's located.

Build on interests

Notice what your youngster is into, such as dinosaurs or music, and help her learn more about it. Read nonfiction books or watch documentaries together. Let her make a hallway gallery based on her interests. She could create and hang up posters to share interesting facts and photos with family members.



Learn together

Learn something new as a family. You might work on American Sign Language and then practice together. Or learn to code or knit. You'll enjoy a new hobby as you expand your knowledge. Also, plan special nights where you play board games. Try ones that build language skills (Scrabble, Boggle) or involve math or logic (Monopoly, chess).♥

I'm thankful for...

What is your family grateful for? Try this idea to find out—and teach your child about gratitude.

Pick categories. Choose six crayons, and assign each color a category. *Example:* red = person, blue = place, green = object, yellow = food, orange = animal, purple = your choice. Place the crayons in a bowl, and give each person a sheet of paper.

Draw and write. Take turns selecting a crayon, drawing a heart on your paper, and writing something you're grateful for that matches the category. Your youngster might write "My Aunt Amy" in red and "Macaroni and cheese" in yellow.

Share. Once everyone has a heart of every color, read what's in your "hearts" to each other. Display the papers for a nice reminder to be grateful all year long!♥

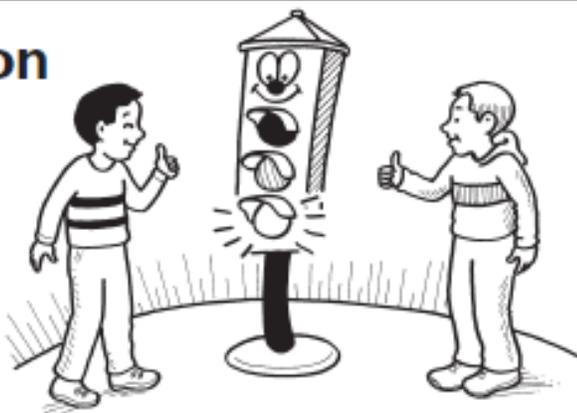


Conflict resolution know-how

Healthy conflict resolution skills help your child maintain friendships, solve problems, and stand up for himself in positive ways. Share these strategies.

Red light! Green light!

Problems are easier to solve when your youngster is calm. Suggest that he think of a feeling like anger or frustration as a “red light”—a signal to stop and think. Say he and a friend are arguing over the topic for their group



presentation. He might take a few deep breaths or walk away for a little while. Once he calms down (the light turns green), he may be ready to think of a solution, such as combining their ideas to create a whole new topic.

“I” statements

When your child is trying to resolve a conflict, suggest that he start each statement with “I” instead of “you.” *Example:* “I get angry when I’m yelled at” rather

than “You make me angry.” He’ll put the focus on his own feelings rather than blaming the other person—which can keep the conflict from escalating.♥

Q & A Attend parent-teacher conferences

Q: My son usually gets good grades and isn’t having any problems in school. Do I still need to go to a parent-teacher conference?

A: Yes! A conference lets you and your child’s teacher exchange information beyond what’s on his report card. Plus, meeting with the teacher is one way to keep the lines of communication open.



The teacher will talk about your son’s strengths and areas for improvement. For instance, he might say he has good work habits but could participate more in class. And you may get to see his writer’s notebook or science journal. You’ll also learn how he’s doing socially—does he get along well with others?

Finally, ask the teacher what you can do at home to support your son.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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ACTIVITY CORNER Persuasive writing: Buy my product

Could your child convince someone to buy a rock? What about an ice cube? This silly family activity lets her practice persuasive writing by creating a commercial for an unlikely “product.”



1. Decide what to sell. Ask each family member to think of something you probably wouldn’t buy in real life, such as an empty cardboard box, a snowball, or a brick.

2. Write a script. Each person should make up a commercial advertising her product. Include a vivid description of your item and convincing reasons to buy it. *Example:* “Introducing our smooth, perfectly square ice cube! Just this single cube will keep your small glass of lemonade nice and cool—without watering it down.”

3. Present your ads. Take turns performing your commercials in your best TV-announcer voice. The advertisement voted most persuasive wins!♥

PARENT TO PARENT

Mix math with fitness

When my daughter Elizabeth was working on addition facts, we invented a game to help her practice—and to give all of us some exercise.

She wrote the numbers 1–10 on separate index cards, and I hid them around our yard. Then, she wrote the same numbers on separate craft sticks and put the sticks (number ends down) in a cup. We took turns drawing a stick, running to find any number card, and

adding the two numbers to get our score for that turn. So if Elizabeth drew the 10 stick and got a 6 card, her score would be 16, since $10 + 6 = 16$. The winner was the person with the highest score after all the sticks were used.

Our game has grown with Elizabeth. Once she mastered basic addition facts, we wrote bigger numbers to play with. And now that she’s learning multiplication, we multiply to get our score.♥

